

Scripture Reading Psalm 139:13

For you created my inmost being; you knit me together in my mother's womb.

Do you think much about your birthday anymore?

Children's birthdays were about parties, gifts, games, cake, and ice cream.

Teenagers celebrate birthdays as a rite of passage.

Adults have many different feelings about birthdays, from big celebrations to completely ignoring them.

Some years ago, I thought of my birthday as the day the Lord brought me into this world. In other words, it was my birth-day.

The plan God had for me began that day. Each new year on that special day, I can look back and pray that I am living up to that plan. It is a celebration of that blessing.

Birth-days are a big deal so celebrate them with phone calls, cards, kind words, prayers for one another, and above all, a hug!

Happy birthday to me!

Prayer: Dear God, on this, my special day, thank you for giving me the gift of life. Thank you for all the blessings and good things that have happened to me for all these years. May I live another year according to your will.

~Submitted by Barb Kline for the First Reading of Lent 2022